

CAREER GUIDANCE

*.....farmer... artist... banker... chemist... dancer... sales rep.... television producer...
receptionist... teacher... veterinarian... tour guide...investor... electrician... book-keeper...
nurse... designer... computer programmer... delivery driver...composer... mechanic...
counsellor... musician... architect... manufacturer... trainer... pharmacist... playwright...
florist... planner... pilot... café owner... park ranger... engineer... cleaner.....*

...what's for you?

Sometimes we get the feeling that we are not in the right job, or we like certain parts of our job but yearn to do something just a bit different. It may be that we have grown up with a limited view of what's possible or we've had limited opportunities to pursue a career and find ourselves on a path that wasn't the best choice in hindsight. Or maybe we have been in the one field of work for a long time and have grown tired of it, and are simply ready for a new challenge.

Quite often we can ignore our growing discontent, or find small ways to satisfy our need for something new, by moving within the organization or taking on other duties. However, if you feel like you are thoroughly dissatisfied in your job because of the nature of the work, and you can't really see a way to improve things within your current situation, it may be worth discussing this with a Counsellor. A formal career guidance assessment can be undertaken, but it may be enough to just explore your skills and preferences and look for opportunities to make changes, big or small. An exploration of career choices doesn't necessarily lead to a complete change. Sometimes we can overlook possibilities within our own organization and lifestyle, and find that a change of job is not necessary.

On the other hand it is tempting to settle for what we 'can do' rather than what we would really love to do. The thought of change and possible financial risks associated with taking a big step can be daunting. These issues can be talked through with a Counsellor, enabling you to look for potential within and around your current job before deciding whether a complete change is necessary.

For more assistance, please make an appointment with one of our Counsellors

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